Results emerge when local knowledge intersects with global expertise



Human Intake of PFAS from Locally Sourced Foods in an Environment Impacted by 3M Lightwater™

Sarah Richards and Karen Teague, Coffey, Melbourne, Australia Andrew Mitchell, RPS, Sydney, Australia Marcus Bowersox, Tetra Tech, Baltimore, USA

A presentation to Battelle Baltimore 17 April 2019



Australian Government

Defence is undertaking a national program to review, investigate and implement a comprehensive approach to manage the impacts of per- and poly-fluoroalkyl substances (PFAS) on, and in the vicinity of, some of its bases around Australia.

Defence is undertaking environmental investigations in accordance with the National Environment Protection (Assessment of Site Contamination) Measure 1999 (NEPM). There are three main steps to the investigation process:

- Preliminary Site Investigation (PSI),
- Detailed Site Investigation (DSI) and
- Human Health and Ecological Risk Assessment, where required.



Health risk assessment approach





Risk drivers / Key exposure pathways







The 4 Step Risk Assessment Process Hazard Dose-Response Assessment Identification What health problems are caused by the What are the health problems at different pollutant? exposures? Risk Characterization What is the extra risk of health problems in the exposed population? Concentration $\bigcirc \bigcirc \bigcirc \bigcirc \bigcirc$ \bigcirc \bigcirc Exposure Assessment How much of the pollutant are people exposed to during Mass/meal a specific time period? How many people are exposed? $\bigcirc \bigcirc \bigcirc \bigcirc \bigcirc \bigcirc \bigcirc \bigcirc$ Dose Frequency Source $\bigcirc \bigcirc \bigcirc \bigcirc \bigcirc$



- Data available for serve size, frequency of consumption and home-grown
- Defensible "typical" scenario
- Cultural, climatic and land-use impacts the relevance



 serve = 150 g
(a) Based on Day 1. See
Glossary for definition.
(b) From non-discretionary sources.
Source: National Nutrition and Physical Activity Survey, 2011-12.

Table 4.2.8: Suggested values for drinking water intake (L/day)

Group			(L/day) °
Adult (M & F combined, pregnant women)	Lifetime average daily intake		2
	Short/medium term exposure ^a		
		Mean	1.2
		90 th percentile	2.3
		95 th percentile	2.8
	Temperate climate	Moderate work	5
	Tropical climate	Moderate work	10
Lactating women		Mean	1.8
		90 th percentile	3.5
		95 th percentile	4.2
Child⁵ (2 year old)	Mean		0.4
	90 th percentile		0.7
	95 th percentile		0.9



- Surveys distributed by email, hand, post and available on-line
- Questions covering water source, use of water on property, use of surrounding land, use of local waterways.
- Some groups approached to complete survey over the phone or face to face.
- Results applied as a guide to pathways and frequency.









Manual methods of targeted sample collection

Terrestrial	Aquatic
Soils	Sediment
Bore water	Surface water
Vegetables and fruit	Plants
Eggs	Molluscs
Livestock serum	Crustaceans
Birds (opportunistically)	Fish
Mammals	Reptiles

Analysis of

- 28 compound suite
- Edible portions



Composition



- Plants and invertebrates reflect soil and water
- Other animals reflected bioaccumulative pattern
- PFOS and PFHxS dominant
- PFBA and PFBS in plants
- Multiple compounds in invertebrates
- Almost exclusively PFOS in fish



PFOS + PFHxS accounted for most of the PFAS detected

PFOS in Biota by Category









Intake by food type – Fruits and vegetables





- Very rare detection in fruit
- Occasional low detection in root / tuber vegetables
- Frequent low detection in leafy greens, correlating with water concentration



- Most samples detected PFOS
- PFOS dominant, but some PFHxS and traces of other long chain
- Unreliable correlation to water concentration
- Chicken behavior lends to high PFAS intake







- PFOS and PFHxS dominant
- Detectable in most serum samples
- Reasonable correlation to associated water concentrations.
- Higher accumulation in birds than mammals.
- Domestic animals potential show lower concentrations than wild / feral animals



The 4 Step Risk Assessment Process



Risk drivers / Key exposure pathways





Eating home grown fruit Swimming Non-potable domestic use



Eating poultry eggs Eating aquatic biota

Drinking water



- Assumptions and communication about diet make a big difference to the apparent risk, and the community confidence in risk assessment
- Targeted biota testing can be useful to validate a conceptual site model, and refine a risk assessment
- Some food types have been consistently demonstrated to be low risk
- Home grown foods and locally caught foods can lead to an intake of PFOS above precautionary target levels in contaminated communities, under certain scenarios

